

#### **APRIL 2018. Issue 4. Vol 13**

# Question: "What is the Catholic sacrament of Holy Eucharist?"

Answer: For Catholics, the Holy Eucharist / Catholic Mass is considered the most important and highest form of prayer. In fact, attending Mass is an obligation, under penalty of mortal sin, each Sunday and on certain other Holy Days of Obligation. The Mass is divided into two sections, the Liturgy of the Word and the Liturgy of the Eucharist. The Liturgy of the Word consists of two readings (one from the Old Testament and one from the New Testament), the Responsorial Psalm, the Gospel reading, the homily (or sermon), and general intercessions (also called petitions).

The center of the Mass is its second part, the Liturgy of the Holy Eucharist. During this time, Catholics share in the body and blood of Jesus in the form of the bread and wine passed out to the congregation. According to the Bible, this is done in remembrance of Christ (<u>1</u> Corinthians 11:23-25; cf. Luke 22:18-20 and Matthew 26:26-28). However, according to the *Catechism of the Catholic Church*, paragraph 1366, "The Eucharist is thus a sacrifice because it re-presents (makes present) the sacrifice of the cross, because it is its memorial and because it applies its fruit." The catechism continues in paragraph 1367:

The sacrifice of Christ and the sacrifice of the Holy Eucharist are one single sacrifice: "The victim is one and the same: the same now offers through the ministry of priests, who then offered himself on the cross; only the manner of offering is different." "And since in this divine sacrifice which is celebrated in the Mass, the same Christ who offered himself once in a bloody manner on the altar of the cross is contained and is offered in an unbloody manner . . . this sacrifice is truly propitiatory."

In the book of Malachi, the prophet predicts elimination of the old sacrificial system and the institution of a new sacrifice: "I have no pleasure in you, says the Lord of hosts, and I will not accept an offering from your hand. For from the rising of the sun to its setting my name will be great among the nations, and in every place incense will be offered to my name, and a pure offering. For my name will be great among the nations, says the Lord of hosts" (Malachi 1:10-11)

#### From the Desk of Monsignor Ron Straight to The Hearts



During this Easter season I thought it was very appropriate to carry out some reflection on the Acts of the Apostles as they play a significant role in our daily readings for this season. They also focus on some of the areas of life that the apostles had to deal with an understanding of how to live their Christian faith.

In chapter 5 there is a section dealing with obedience which I think is important for all of us to understand. We have various understandings of what obedience means -- the master and slave relationship, paid employees, and wishful dog owners. In these examples freedom plays no part in the act of obedience. Yet this is the reality about Christian freedom, that it is based entirely on freedom. There is no threat from God; the apostles have been overwhelmed by the love of God since the coming of the Holy Spirit and they want to please God in all things. They also know that God wants others to know about His love for everyone. This is the Apostles' commission and they are determined to fulfil it. So, our understanding of obedience has a special meaning in people's relationship with God. There is listening and doing. The Apostles had listened to God's instruction and had put it into practice. They did it out of love for God and neighbour. I believe this is very important for us -- as we allow God's love to take hold in us, we freely choose to be obedient to His will; this will include living after the example of Christ, but it will also involve sharing the good news of Christianity.

In chapter 5 we also have a very significant moment in the life of the early Church. Basically, the Church was a Jewish Church. Now the early Christians are on the threshold of the Church moving worldwide and centred in Rome. The rest of the Acts of the Apostles will deal with problems of universalism. The apostles had fulfilled the command of the Lord. They preached the gospel

(Continued on page2)

#### Hearts of Jesus and Mary (HJM) Prayer Community OUR MISSION STATEMENT

To be a group of people who are journeying together in faith, guided by the Spirit of God, growing and learning from each other, and whose life, as a whole, follows the footsteps of the Master Himself...that is, a life of prayer and active, loving service to others.

#### SERVANT LEADERS UNDER THE SPIRITUAL DIRECTION OF MSGR RON MCFARLANE, PARISH PRIEST OF ST ANDREW THE APOSTLE PARISH, MARAYONG

#### **PASTORAL TEAM**

Mirza Alata, Joseph Cacdac Cezar Estrera, Nenette Gapud Len Limguangco

#### **MINISTRIES:**

#### **APOSTOLATE**

Head Servant: Noel Tolentino Deputy: Ladybyrd Buan

#### **GROWTH**

Head Servant: Josie Durante Deputy: Sam Singh

#### MUSIC

Head Servant: Myra Estrera Deputy: Doris Barrios

#### **PRAISE & WORSHIP**

Head Servant: Shonee Attwood Deputy: Marilyn Villa

#### PRAYERS & INTERCESSORY

Head Servant: Mercy Aquino Deputy: Eva Velez

#### **SERVICE**

Head Servant: Paolo (Boy) Emperado Deputies: Tony Villa Edgar Reyes

SERVICE FINANCE Deputy: Lorie Atienza

#### SERVICE SECRETARIAT

Deputies: Anna Nifas Rose Ferrer

#### From the Desk of Monsignor Ron Straight to The Hearts

beginning in Jerusalem; they preached to their own before they moved outward. In this there is an important lesson for us -- do we realise we have the responsibility to present the message of Jesus to our own people; this means our families, friends, people we work with and the people of our parish community? We witness by our lives, our words and our actions. We witness by the way we treat people and the place we give to God in our lives.

We live in a materialistic society so in a sense the words spoken in today's first reading apply to us as well; we might find ourselves fighting against God; that may seem a strange thing to say; but think about it; when we place ourselves at the centre of the universe we are in opposition to God; when we prefer the values of the world to those of our God we are in opposition to God. Today we are presented with a challenge to decide what place God and His will have in our lives. I am sure we all need to improve if we are going to centre our lives on God and His will.

#### Heart of the Matter – from the EIC



#### (Continued from page 1)

Question: "What is the Catholic sacrament of Holy Eucharist?"

This means that God will one day be glorified among the Gentiles, who will make pure offerings to Him in all places. The Catholics see this as the Eucharist. However, the apostle Paul seems to have a different slant on it: "I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship" (Romans 12:1). The Eucharist can only be offered in select places: churches consecrated and blessed according to Catholic canon law. The idea of offering our bodies as living sacrifices fits better with the language of the prediction, which says that the sacrifices will be offered "in every place."

The Roman Catholic Church believes that the bread and wine of the Holy Eucharist become the actual body and blood of Jesus. They attempt to support their system of thought with passages such as John 6:32-58; Matthew 26:26; Luke 22:17-23; and <u>1</u> <u>Corinthians 11:24-25</u>. In A.D. 1551, the Counsel of Trent officially stated, "By the consecration of the bread and wine there takes place a change of the whole substance of the bread into the substance of the body of Christ our Lord and of the whole substance of the wine into the substance of his blood. This change the holy Catholic Church has fittingly and properly called transubstantiation" (Session XIII, chapter IV; cf. canon II). By sharing in the Eucharistic meal, the Church teaches that Catholics are fulfilling John 6:53: "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you."

WAZZ-ON?

# HJM PRAYER MEETING, SAT, 14 APRIL 2018PLACE:FR BYRNE CENTRE, MARAYONGTIME:7.30 PM to 9.30 PMLEADER:SIS MARILOU (MALOU) VAN ASTENTHEME:WITNESSING/PERSONAL SHARING

# CORE MEETING, FRI, 20 APRIL 2018PLACE:FR BYRNE CENTRE, MARAYONGTIME:8.00 PM - 10.00 PM

# HJM PRAYER MEETING, SAT, 28 APRIL 2018PLACE:FR BYRNE CENTRE, MARAYONGTIME:7.30 PM to 9.30 PMLEADER:SIS MIRZA ALATATHEME:TEACHING

FIRST FRIDAY MASS, 4 MAY 2018PLACE:ST ANDREW THE APOSTLE PARISHTIME:7.00 pmFOLLOWED BY HOLY HOUR THEN CHURCH CLEANING

#### PRAISE AND WORSHIP MINISTRY PROFILES THIS MONTH'S PRAYER LEADERS

#### MARILOU VAN ASTEN



Sis Malou, as she is fondly called, has been with the Hearts of Jesus and Mary (HJM) prayer community since August 2015. She was a graduate of the Life in the Spirit Seminar (LSS) Class 34.

Since then, Sis Malou has been a committed member of HJM attending prayer meetings regularly. She is also actively involved in the Community's many activities, events and outreach/missionary works.

Already serving as a Catechist in Mary Queen of the Family Parish for two years now, it didn't stop Sis Malou from doing Children's Liturgy on a fortnightly basis. The list of church ministries she's involved in goes on as very recently she finished her Liturgical training courses to be a Reader and a Minister of Communion.

Sis Malou is married to Adrian and together they have been blessed with a beautiful daughter. She is a member of the St Joseph's Bible Cell.

A commerce graduate by profession, Sis Malou works as a payroll officer in the NSW Department of Health. She says she's still far off from retirement and enjoys her life going on holidays, cruising and regularly working out in the gym.

#### <u>A LEADER'S PRAYER</u>

Lord, I have been incredibly blessed for so many years now to serve You. It is in that recognition that I find myself amazed at how far I have come -- and over how many hills and valleys I have travelled. Along this path I have learned a great deal about perseverance -- as I have learned to trust You -- so You could use me to help others.

It is here in the study of Your Word, and under the guiding light of Your Holy Spirit who helps me to go deeper in my understanding, that I will find the tools I need to lead.

I remember someone once telling me that a leader must first be a follower – someone who knows how to follow You.

This hasn't always been easy because of my own human pride and selfishness – but it has certainly proven to be true. Jesus, You are my leader, You alone are worthy of the honour and glory, and You are THE LEADER.



#### MIRZA ALATA



Sis Mirza is one of the pioneers in the Hearts of Jesus and Mary (HJM) prayer community. She was the very first one to be appointed as Head Servant of the Finance Ministry and for a considerable period of time, had efficiently managed the financial affairs of the group.

A long- time member of the Music Ministry, Sis Mirza continually supports and helps prayer leaders in their selection of songs and lyrics. Through her initiative, Music Ministry members now follow an organised system whereby hymns for rostered masses, including songs for prayer meetings are sequentially compiled in folders, making it so much easier for singers to sing and read any notes that might have been written as a guide, ie musicians' *intro* etc.

Previously, sis Mirza held the position of Head Servant of the Praise & Worship Ministry for two consecutive terms (four years) and was also a member of the Pastoral Team from 2008-2010. Currently, Sis Mirza is back in the fold as member of the Pastoral Team. She's also an active Fatima devotee and a member of St Padre Pio Bible Cell. She also serves St Andrews Parish as a Minister of Communion.

Sis Mirza is a loving mother to Michelle who is married to Dennis Shen. She feels so blessed for having a wonderful and supportive family; relatives and friends in HJM; and for God's loving presence in her life. She will forever be grateful to Jesus Christ, our Lord and Saviour.

#### *Hit the <u>NOTE</u>: from the Music Ministry*

(Continued from last issue)

#### **Top 10 Baroque Period Composers**

by Aaron Green ... Updated September 18, 2017

Henry Purcell ... 06 of 10

Within a lifetime of only 35 years, Henry Purcell (1659– 1695) achieved musical greatness. He was considered one of England's greatest composers and the most original composer of his time.

Purcell was extremely talented in word-setting and composed very successful works for the stage. His <u>chamber</u> <u>music</u> of suites and sonatas, as well as compositions for the church and courts, also helped establish his name in music history.

**Popular Works:** "Dido & Aeneas," "The Fairy Queen," "Sound the Trumpet" <u>More »</u>

Domenico Scarlatti ... 07 of 10

Domenico Scarlatti (1685–1757) was the son of Alessandro Scarlatti, another well-known baroque composer. The younger Scarlatti wrote 555 known harpsichord sonatas, over half of which were written in the last six years of his life.

Scarlatti made use of Italian, Portuguese, and Spanish dance rhythms throughout many of his works. He was also admired by his contemporaries and influenced many, including the Portuguese keyboard composer, Carlos de Seixas.

**Popular Works:** "Essercizi per Gravicembalo" (*Sonatas for Harpsichord*)

#### Jean-Philippe Rameau ... 08 of 10

A French composer and music theorist, Jean-Philippe Rameau (1683–1764) was known for music with bold melodic lines and harmonies. This caused controversy, particularly from those who preferred the styles of either Jean-Baptiste Lully or Giovanni Battista Pergolesi. Aside from harpsichord, Rameau's greatest contribution to music was in *tragédie lyrique* opera. His wide use of moods and musical colors in these French lyrical tragedies were beyond those of his counterparts.

**Popular Works:** "Hippolyte et Aricie and Castor et Pollux," "Trait," "Les Indes Galantes"

#### Johann Pachelbel ... 09 of 10

Johann Pachelbel (1653–1706) taught music to Johann Christoph Bach, J.S. Bach's older brother. The elder Bach said that his brother greatly admired Pachelbel's music and many people see stylistic similarities between the two. Pachelbel's "Canon in D Major" is his most famous work and you can hear it to this day in countless wedding ceremonies. And yet, the respected organ teacher's influence stretches far beyond the chapel. His influence on Baroque music led to the success of many of these other composers. **Popular Works:** "Canon in D Major" (aka Pachelbel Canon), "Chaconne in F Minor," "Toccata in C Minor for Organ"

#### Giovanni Battista Sammartini ... 10 of 10

Giovanni Battista Sammartini (1700–1775) specialized in the oboe and organ and the Italian also worked as a composer, teacher, and choirmaster. He took over the Baroque scene later in the period and his influence stretched into the Classical Period.

Sammartini is one of the earliest composers of the symphony and 68 of these revolutionary works have survived. Many believe his symphonic pieces and thematic development are the precursors to <u>Haydn</u> and <u>Mozart</u>.

**Popular Works:** "Sonata No. 3," "Recorder Sonata in A Minor"

#### <u>E N D</u>

https://www.thoughtco.com/top-baroque-period-composers-723776

#### (Continued from page 2)

#### Question: "What is the Catholic sacrament of Holy Eucharist?"

What does that really mean? Jesus goes on to say that "it is the Spirit who gives life; the flesh is of no avail. The words that I have spoken to you are spirit and life" (John <u>6:63-64</u>). So, if "the flesh is of no avail," why would we have to eat Jesus' flesh in order to have eternal life? It does not make sense, until Jesus tells us that the words He speaks are "spirit." Jesus is saying that this is not a literal teaching, but a spiritual one. The language ties in perfectly with the aforementioned statement of the apostle Paul: "Present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship" (<u>Romans 12:1</u>).

In Jewish thought, bread was equated with the Torah, and "eating of it" was reading and understanding the covenant of God (cf. <u>Deuteronomy 8:3</u>). For example, the apocryphal book of Sirach states, "He who eats of me will hunger still, he who drinks of me will thirst for more; he who obeys me will not be put to shame, he who serves me will never fail.' All this is true of the book of Most High's covenant, the law which Moses commanded us as an inheritance for the community of Jacob" (<u>Sirach 24:20-22</u>). Quoting from Sirach here is not endorsing it as Scripture; it only serves to illustrate how the Jewish people thought of Mosaic Law. It is important to understand the equating of bread with the Torah to appreciate Jesus' real point.

In John 6, Jesus is actually telling the crowd that He is superior to the Torah (cf. John 6:49-51) and the entire Mosaic system of Law. The passage from Sirach states that those who eat of the Law will "hunger still" and "thirst for more"; this language is mirrored by Jesus when He says, "He who comes to Me will never be hungry, he who believes in Me will never be thirsty" (John 6:35). Jesus is not commanding people to literally eat His flesh and drink His blood, He is telling them the core of all Christian doctrine: belief in Jesus Himself ("The work of God is this: to **believe** in the One He has sent," John <u>6:29</u>, emphasis added). Therefore, the Catholic interpretation of John 6 is unbiblical.

#### Ready, Get Set, <u>GROW</u>: from Growth Ministry

#### Towards a Biblical Definition of Spiritual Formation: Romans 12:1-2

#### Explanation of <u>Romans 12:1–2</u> <u>Romans 12:1</u>: The Presentation of the Body as Sacrifice

Paul begins Romans 12:1 with a strong encouragement perhaps even an urging or plea – to the Roman believers to follow a particular course of action: "I exhort you, brothers and sisters, by the mercies, of God to present your bodies . ..." The Greek word παρακαλέω can refer to a verv emotional appeal; in light of the depths of the righteousness of God which Paul has just plumbed in chapters 1-11, and the emotion he shows as he closes his argument in 11:33-36, it would be entirely appropriate to see strong emotion in view here with Paul's use of the word.<sup>13</sup> This emotion is heightened further by Paul's reference to "the mercies of God." The Greek word οἰκτιρμός refers generally to the character quality of genuine concern or compassion for another;<sup>14</sup> here Paul uses the term to refer to the specific "mercies" which he has expounded concerning God and the believer up to this point in the letter: the salvation and sanctification of the individual through the death and resurrection of Jesus Christ. This word plus the inferential use of ov makes clear that Paul bases his exhortation upon the entirety of what the gracious God has mercifully done for the believer,  $\frac{15}{15}$  with the implication that the believer will be so moved to respond appropriately. All of Paul's prior argument leads to the exhortations in these two verses, thus the tone is one of emotion and solemnity.<sup>16</sup>

The specific action which Paul desires is stated in the middle of the sentence: "to present your bodies as a sacrifice." The Greek word παρίστημι (here translated "present") can mean "to cause to be present" or more simply "to be present." In this verse it has a specific nuance related to animal sacrifice due to the use of  $\theta \upsilon \sigma i \alpha$  (here translated "sacrifice") with it: "to present as an offering or sacrifice."<sup>17</sup> Paul used this word earlier in the letter in 6:13, 16, and 19, and Paul's use here in chapter 12 is similar to his use of the term there. In chapter 6 Paul uses the verb παρίστημι with the sense "to present or make available for someone's use."<sup>18</sup> There he contrasts the two options believers have in front of them regarding their behavior: They can either present themselves to sin, that is, make themselves available to sin to fulfill its purposes, or they can present themselves to God, that is, make themselves available for his use to fulfill his desires. Paul's use of παρίστημι in chapter 12 alludes to this earlier use (chapter 6 is the only place  $\pi \alpha \rho (\sigma \tau \eta \mu)$  occurs prior to chapter 12 in the book) and in a sense intensifies it. Because the believer has a choice between serving sin or serving God, and in light of the wonderful mercies of God displayed in salvation, Paul is now vitally concerned to urge the believer to make the right choice. For this reason the believer's presentation of the self to God is the central command as Paul begins this ethical section.

#### https://bible.org/seriespage/towards-biblical-definition-spiritualformation-romans-121-2

#### A Glimpse of This Month's Featured Saint



#### ST. PEDRO CALUNGSOD

Feast Day: April 2 Venerated: January 27, 2000 Beatified: March 5, 2000 Canonized: October 21, 2012

The story of Pedro Calungsod shows us that young people can do great things. Born in Guam, Pedro was only 13 when he joined a group of Spanish missionaries who were going to travel to the Marianas Islands to teach the native people about God.

Pedro loved the Church, and he received the Sacraments whenever he could. He was eager to share what he knew about Jesus with others. He did well, and many people were baptized into the faith because of his efforts.

But some people did not trust the missionary priests. Often the medicine men in the village viewed the missionaries as a threat to their power. One night, when Pedro and a priest arrived in a village to baptize the chief's daughter—at the request of the chief's wife they were killed by assassins led by the chief. Pedro died for his faith in 1672, when he was only 17.

In 2000, Pope John Paul II beatified Pedro, telling the crowds that gathered for the ceremony, "From his childhood, Pedro Calungsod declared himself unwaveringly for Christ and responded generously to his call. Young people today can draw encouragement and strength from the example of Pedro, whose love of Jesus inspired him to devote his teenage years to teaching the faith as a lay catechist."

Pedro Calungsod was canonized on October 21, 2012, by Pope Benedict XVI.

http://saintsresource.com/pedro-calungsod

To be continued

APOSTOLATE MINISTRY URGES HIM TO SEEK THE WORD OF THE LORD



Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	Blessed TrinityBro Rod and Sis Len LimguangcoDeputies:Rudy/Agnes RupacMartha Aquino/Ladybyrd Buan, Eden De Leon, Fe Hernandez, Freddie/Baby LorenzoOpen the sanctuary of our hearts and let us transform through Him.What have you done to transform yourself to become a better you?8 April, 3:00pm @ the Lorenzo's		
Bible Cell: Facilitator: Members: Message: Action: Next Meeting:	Our Lady of FatimaBro Romy and Sis Josie DuranteDeputy:Cheryl DequinaMercy Aquino, Iodine Carreno, Romy/Nenette Gapud, Elmer/Anna NifasFocus on the Lord, believe in him, forgive for we were forgiven.Share an experience where your belief in the Lord, help you to forgive someone or yourself.5 May, @ Iodine's place		
Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	Our Lady of Perpetual Help   Bro Noel and Sis Jackie Tolentino Deputy: Gloria Ferrer   Pilarly Balgos, Valerian/Dora D'Lima, Rose Ferrer, Ding Rivera, Joe/Rita Vella NIL   NIL NIL   TBA		
Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	St. John Paul IIBro Cezar and Sis Myra EstreraDeputies:Sam/Siony SinghCol/Shonee Attwood, Mary Bonavita, James Daas, Lalaine Dunuan, Jun/Vita Hurtado,Filomena PetroniGod so loved the world that He sent His only begotten Son that whoever believesin Him may have eternal life.Share what you are doing to gain eternal life.29 April, 2:00-4:00pm @ the Estrera's		
Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	St JosephBro David and Sis Mel BustamanteDeputies:Edgar/Jeannie ReyesLia Banzuelo, Leighton Farrell, Analiza Limguangco, Nenette Motio, Marilou van AstenBear witness and rejoice.Share an experience showing how we set an example as good Christians to ourfamily and others.TBA		
Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	St. Padre PioBro Tony and Sis Marilyn VillaDeputies:Nards/Doris BarriosDanny/Linda Aguas, Mirza Alata, Boy/Ghie EmperadoNILNILNILTBA		
Bible Cell: Facilitators: Members: Message: Action: Next Meeting:	St. PaulBro Marcial and Sis Tet CacdacDeputy:Milabel EstreraSoc Amos, Efren/Lorie Atienza, Ferdie Chin, Lucy Dewi, Merlie/Nori Domingo,Glenn/Charmaine D'Silva, Erna SowNILNILNILTBA		



### SMILE ... YOU'RE ON CANDID CAMERA ...





















### SMILE ... YOU'RE ON CANDID CAMERA ...

















#### (Continued from page 4)

Second, there is a very clear analogy in John 6 to the days of Moses and the eating of manna. In the days of Moses, manna was God's provision for food for the Israelites as they wandered in the wilderness. In John 6, however, Jesus claimed to be the true manna, the bread of heaven. With this statement Jesus claimed to be God's full provision for salvation. Manna was God's provision of deliverance from starvation. Jesus is God's provision of deliverance from damnation. Just as the manna had to be consumed to preserve the lives of the Israelites, so Jesus has to be consumed (fully received by faith) for salvation to be received.

It is very clear that Jesus referred to Himself as the Bread of Life and encouraged His followers to eat of His flesh in John 6. But we do not need to conclude that Jesus was teaching what the Catholics have referred to as transubstantiation. The Lord's Supper / Christian communion / Holy Eucharist had not been instituted yet. Jesus did not institute the Holy Eucharist / Mass / Lord's Supper until John chapter 13. Therefore, to read the Lord's Supper into John 6 is unwarranted. As suggested above, it is best to understand this passage in light of coming to Jesus, in faith, for salvation. When we receive Him as Savior, placing our full trust in Him, we are "consuming His flesh" and "drinking His blood." His body was broken (at His death) and His blood was shed to provide for our salvation. 1 Corinthians 11:26, "For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes."

Whether the Catholic definition of Holy Eucharist is a "re-sacrifice" of Christ, or a "re-offering" of Christ's sacrifice, or a "re-presentation" of Christ's sacrifice, the concept is unbiblical. Christ does not need to be re-sacrificed. Christ's sacrifice does not need to be re-offered or re-presented. Hebrews 7:27 declares, "Unlike the other high priests, He (Jesus) does not need to offer sacrifices day after day, first for his own sins, and then for the sins of the people. He sacrificed for their sins ONCE for all when He offered Himself." Similarly, 1 Peter 3:18 exclaims, "For Christ died for sins ONCE for all, the righteous for the unrighteous, to bring you to God..." Christ's once-for-all death on the cross was sufficient to atone for all of our sins (1 John 2:2). Therefore, Christ's sacrifice does not need to be re-offered. Instead, Christ's sacrifice is to be received by faith (John 1:12; 3:16). Eating Christ's flesh and drinking His blood are symbols of fully receiving His sacrifice on our behalf, by grace through faith.

> https://www.gotquestions.org/Holy-Eucharist.html



Five tips for a happy man's life

- 1) Have a girl to help you at work
- 2) Have a girl to take care of you and to love you
- 3) Have a girl who can make you laugh
- 4) Have a girl who spoils you
- 5) Make sure all 4 girls don't know each other

Robber: Give me your money.

Man: Do you know me? I am a Politician. I am a Congressman.

Robber: Therefore, give me our money.

How to tell if a politician is telling the truth

Whenever he's crossing his arms, he may be telling the truth.

Whenever he's stoking his chin, he might be telling the truth.

Whenever he looks at you straight in the eyes, he might be telling the truth.

But when he opens his mouth, he is lying.

\_\_\_\_\_

Teacher: Arnold, what do you call a person who keeps on talking even when people are no longer interested??

Arnold: A teacher!!!

\_\_\_\_\_

True bravery is to arrive home.

Fully drunk from late night out and mom waiting with a broom in hand, then you asked: "Hey mom, still cleaning?"

http://www.jokes4us.com

Contributed by Elmer Nifas

#### SECRETARIAT (SERVICE MINISTRY) PRESENTS OUR BIRTHDAY AND WEDDING ANNIVERSARY CELEBRANTS

Best wishes to the following couples their wedding anniversaries thi	
Chris and Annie Atienza	21 April
Tony and Marilyn Villa	24 April
Efren and Lorie Atienza	25 April



#### Many happy returns to the following brothers and sisters who celebrate their birthdays this month:

Doris Barrios	1 Apr	Cheryl Dequina	12 Apr
Lydia Villamarin	1 Apr	Julie Gamban	12 Apr
Romy Durante	3 Apr	lke Enriquez	13 Apr
Rose Fernandes	6 Apr	Eva Velez	14 Apr
Joe Vella	8 Apr	Wilfredo Navarro	15 Apr
Audrey Fernandez	9 Apr	Eden De Leon	17 Apr
Evelyn Villanueva	9 Apr	Jun Hurtado	19 Apr
Van Nguyen	10 Apr	Maria Siva	19 Apr
Josefina Flor	11 Apr	Josh Dela Cruz	23 Apr
Claudette Albano	11 Apr	Rosario Manglicmot	27 Apr

# Prayers and Intercessory Ministry requests prayers for the following HEARTS:

#### AILING HEARTS:

Aurora **AGRINGO** Linda AGUAS Mercy AQUINO Ryan BARBADILLO Doris **BARRIOS** Nards BARRIOS Paquito CACDAC Solomon CASSAR Digna V. CLARK Yeye DELARA Greg **DIVEN** Romy **DURANTE** Christian **EMPERADO** Vangie ENRIQUEZ Gus FERRER Julie GATT Mariles HOLLERO Danilo JIMENEZ. Sr.

Freddie LORENZO Mary Ann MANALILI Nora MOLINA Armando NIFAS Belen ORTIZ Emma PEREZ Boy RAMIREZ Ernesto SAYO Amparo TRINIDAD Malou VAN ASTEN Candido VELASCO Henie VELASCO Eva VELEZ Romualdo VERDAN Tony VILLA Maribel WASLOWICZ Lvn WRIGHT Alan YUEN

#### HEARTS BORN TO ETERNAL LIFE:

Jaime (Jimmy) **SALOM** Angel **GARCIA** Magdalena **RAMIREZ** 

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