



# Heart to Heart

A monthly publication of **HJM** hearts of Jesus and Mary  
prayer community  
maravosa australia

**DECEMBER 2018. Issue 12. Vol 14.**

**From the Desk of Monsignor Ron  
Straight to The Hearts**



★  
GOD  
ROCK  
SAVIOR  
MESSIAH  
IMMANUEL  
HOLY • CHILD  
MIGHTY • GOD  
LORD • OF • ALL  
LAMB • OF • GOD  
CHRIST • OF • GOD  
KING • OF • KINGS  
THE • WORD • OF • GOD  
ALPHA • AND • OMEGA  
PRINCE • OF • PEACE  
LIGHT • OF • THE • WORLD  
HEAD • OF • THE • CHURCH  
SON • OF • THE • HIGHEST  
EVERLASTING • FATHER  
RESURRECTION • AND • LIFE  
JESUS

*Today, today  
A Saviour has been born  
A Saviour has been born to us  
He is Christ, the Lord  
Christ, the Lord  
Jesus Christ, the Lord*

*May the Christmas season  
fill your home with joy,  
your heart with love,  
and your life with laughter!  
Have a fabulous and peaceful New Year.*

**H2H RESUMES IN FEBRUARY 2019**  
to welcome our new Editor/s

We have begun a new Church year from the moment we entered the season of Advent. Hopefully, we have been using this time to reflect on the past year to see what we can learn from that part of our lives and what we need to change in the coming year under the guidance of the Holy Spirit. This season of Advent should mark a new beginning in our lives. We are preparing to welcome Jesus into our lives through the Feast of Christmas, where liturgically we have the wonderful opportunity to receive the blessings of the first Christmas event when our God came to live amongst us as a child. This should be a very significant and joyful event in our lives each year as during this time we have the opportunity by our daily efforts to express our gratitude and enthusiasm for the coming of Christ into our lives, not only at Christmas but each moment of every day. As we are closer to the Feast of Christmas, our daily efforts at renewal should take an even greater priority, because, in my opinion, these daily efforts are the gifts we offer thanksgiving to our God for all He has done for us, for all He continues to do for us, and for the love He showers upon us each and every day. The point of what I am saying is that we should never underrate the importance of this season of Advent. Too often, we get caught up in preparing for our Christmas celebrations and family get-togethers that the priority of our spiritually preparing tends to drop down a notch. Consequently, I would like each of us to make a personal commitment to make the most of each day seeing it as preparing our personal gift of ourselves to our loving God.

*(Continued on page 2)*

## Hearts of Jesus and Mary (HJM) Prayer Community OUR MISSION STATEMENT

To be a group of people who are journeying together in faith, guided by the Spirit of God, growing and learning from each other, and whose life, as a whole, follows the footsteps of the Master Himself...that is, a life of prayer and active, loving service to others.

## SERVANT LEADERS UNDER THE SPIRITUAL DIRECTION OF MSGR RON MCFARLANE, PARISH PRIEST OF ST ANDREW THE APOSTLE PARISH, MARAYONG

### PASTORAL TEAM

Mirza Alata, Joseph Cacdac  
Cezar Estrera, Nenette Gapud  
Len Limguangco

### MINISTRIES:

#### APOSTOLATE

Head Servant: Noel Tolentino  
Deputy: Ladybyrd Buan

#### GROWTH

Head Servant: Josie Durante  
Deputy: Sam Singh

#### MUSIC

Head Servant: Myra Estrera  
Deputy: Doris Barrios

#### PRAISE & WORSHIP

Head Servant: Shonee Attwood  
Deputy: Marilyn Villa

#### PRAYERS & INTERCESSORY

Head Servant: Mercy Aquino  
Deputy: Eva Velez

#### SERVICE

Head Servant: Paolo (Boy) Emperado  
Deputies: Tony Villa  
Edgar Reyes

#### SERVICE FINANCE

Deputy: Lorie Atienza

#### SERVICE SECRETARIAT

Deputies: Anna Nifas  
Rose Ferrer

## From the Desk of Monsignor Ron Straight to The Hearts

Of course, while we have passed the end of the Church year, we are still moving towards the end of 2018. This is really a time to recall or we should be grateful for in the past year. Of course, it has not been smooth sailing for any of us as we will have our ups and downs in daily life. However, I believe it is important that we do not focus on the negatives that have occurred in the past year. What is important is to focus on the positive things that have happened and on the blessings we have received. Of course, we might also learn how we could have better welcome those blessings into our lives.

We can't change the past... But we can gather up its lessons and move on, stronger and wiser.

We can't control the future... But we can send our dreams ahead of us to help prepare the way.

We can live each moment... heart and soul, and cherish this day's greatest gift... the gift of Now.

May peace with the past and faith in the future gently guide you through each precious moment of Today!

## Heart of the Matter



It has been my absolute pleasure to serve as Editor-in-Chief (EIC) of the Heart to Heart newsletter for nearly 14 years. This month, however, will be my last issue. Then it resumes in February 2019 under a new Editorial Team.

I'd like to take this opportunity to thank Msgr Ron for his guidance and regular contributions to the newsletter. As our Spiritual Director, I'm sure he will continue to contribute insightful articles for the benefit of our members including those who might visit St Andrew's parish website to access them.

With utmost gratitude, I'd like to recognise members of the Editorial Team (past and present) such as Malou Estrada, Nora Villa-Sayo, Rod Limguangco, Eva Velez, Noel Tolentino, Ladybyrd Buan, Elmer Nifas, Anna Nifas and Rose Ferrer; and acknowledge them for their hard work and commitment. Special mention is given to Alex Villamarin who stepped in for two years as EIC when I took a much-needed break. Likewise, huge appreciation goes to former member Denzil Jayasinghe who conceived this idea of a monthly newsletter for the Hearts of Jesus and Mary (HJM) prayer community. Denzil was actually our very first EIC and Ike Enriquez was part of that Team.

Thank you also to all who made contributions over the years, and still continue to be part of our newsletter. I always say that Heart to Heart newsletter is not MY newsletter ... it is OUR newsletter. Last but not the least, thank you everyone for your support, feedback and suggestions on how we can improve the way we produce our monthly newsletter. You've all been fantastic readers.

On behalf of my Team, I'd like to wish you all a very Merry Christmas, which is an appropriate time to highlight the good human qualities of love, peace, joy, understanding and generosity. May our shared faith in God unite us today and in the coming New Year!

*Life, light and love*  
EIC

# WAZZ-ON?

## HJM PRAYER MEETING, SAT, 8 DECEMBER 2018

PLACE: FR BYRNE CENTRE, MARAYONG  
TIME: 7.30 PM to 9.30 PM  
LEADERS: JOSEPH, MERCY, MIRZA, SHONEE  
THEME: CHRISTMAS

## CORE MEETING, FRI, 18 JANUARY 2019

PLACE: FR BYRNE CENTRE, MARAYONG  
TIME: 8.00 PM - 10.00 PM

## FIRST FRIDAY MASS, 1 FEBRUARY 2019

PLACE: ST ANDREW THE APOSTLE PARISH  
TIME: 7.00 PM  
FOLLOWED BY HOLY HOUR THEN CHURCH CLEANING

## HJM PRAYER MEETING, SAT, 12 JANUARY 2019

PLACE: FR BYRNE CENTRE, MARAYONG  
TIME: 7.30 PM to 9.30 PM  
LEADER: SIS MERCY AQUINO  
THEME: WITNESSING/PERSONAL SHARING

## HJM PRAYER MEETING, SAT, 26 JANUARY 2019

PLACE: FR BYRNE CENTRE, MARAYONG  
TIME: 7.30 PM to 9.30 PM  
LEADER: SIS MYRA ESTRERA  
THEME: DISCERNMENT OF PASTORAL TEAM

## PRaise AND WORSHIP MINISTRY PROFILES THIS MONTH AND NEXT MONTH'S PRAYER LEADERS

### PRAYER LEADERS FOR OUR DECEMBER 8 PRAYER MEETING:



Bro Joseph Caddac



Sis Mercy Aquino



Sis Mirza Alata



Sis Shonee Attwood

### MERCY AQUINO



Sis Mercy Aquino is one of the pioneers of the Hearts of Jesus and Mary (HJM) prayer community and has been an active member for over 27 years now. She is married to Bro Remy and they have been blessed with four children all of whom are now adults and have their own families.

Over more than two decades, Sis Mercy has served various ministries in the prayer community. For a considerable time, she served as the Head Servant of both the Apostolate Ministry and the Prayers and Intercessory Ministry where she really enjoyed serving the Lord by touching the hearts of those who need God's healing grace.

Sis Mercy was previously the Facilitator of Our Lady of Mercy Bible Cell but is now a member of Our Lady of Perpetual Help Bible Cell for 2019-2020.

Previously, she was part of HJM's Social Organising Committee actively involved in organising our many social activities such as Christmas party, family day, etc.

Sis Mercy currently serves at Our Lady of Lourdes Parish in Seven Hills and Mary Queen of the Family Parish in Blacktown both as a reader and a Minister of Communion.

### A LEADER'S PRAYER

Lord, I have been incredibly blessed for so many years now to serve You. It is in that recognition that I find myself amazed at how far I have come -- and over how many hills and valleys I have travelled. Along this path I have learned a great deal about perseverance -- as I have learned to trust You -- so You could use me to help others.

It is here in the study of Your Word, and under the guiding light of Your Holy Spirit who helps me to go deeper in my understanding, that I will find the tools I need to lead.

I remember someone once telling me that a leader must first be a follower -- someone who knows how to follow You.

This hasn't always been easy because of my own human pride and selfishness -- but it has certainly proven to be true. Jesus, You are my leader, You alone are worthy of the honour and glory, and You are THE LEADER.



### MYRA ESTRERA



Sis Myra has been a committed member of the Hearts of Jesus and Mary (HJM) prayer community since its inception. Her husband, Bro Cezar, is an equally committed member and a member of the Pastoral Team. Given that both have musical inclination and talent, HJM's Music Ministry has been lucky to have them on board.

For as long as people can remember, Sis Myra has been a valued member of the Music Ministry where she provides coaching to the singers. As such, it is just so fitting that she serves as Head Servant of the said Ministry.

Given Sis Myra's long experience in the prayer community and the knowledge gained over the years, she previously held the Head Servant position in the Praise and Worship Ministry responsible for the conduct of regular prayer meetings.

Sis Myra gave a talk on the topic 'Growing in Christian Life' during a Life in the Spirit Seminar conducted by HJM in previous years.

Both Sis Myra and Bro Cezar are facilitators of the John Paul II Bible Cell

The Estrera marital union has been blessed with three beautiful daughters all married, namely: Mitchie, Justinne and Jennifer and two gorgeous grandkids now whose names are Raffy and Layla. Furthermore, Sis Myra is sister to Mirza, daughter to Mama Cepring and cousin to Dolette and Ed.



## **A Christmas Story of Wonder and Love**

**Reader's Digest Editors**

**It's a perfect time to read about how other families experience the joy of the season.**

### **'Tis Better to Give**

*A mother is a person who, seeing there are only four pieces of pie for five people, promptly announces she never did care for pie. — Tenneva Jordan*



Originally  
Published on  
[Readers Digest](#)  
From the book  
*Chicken Soup for  
the Soul: It's  
Christmas!*

I knew I was not supposed to be quite so excited. I was too old for that. At age eleven, the oldest and my mom's "grown up" girl, I had to keep my cool. I was in middle school after all. But every chance I got, when I was alone, I checked each present under the tree. I read every tag and felt every package, guessing at the contents within. I had examined each gift so often that I could tell which present went to which person without even looking at the tags.

It had been a tough year for my family. Whenever my mom looked over at the tree and scattered presents, she would sigh and warn us, "There won't be as much for Christmas this year. Try not to be disappointed." Christmas had traditionally been a time for my parents to spoil us. In years past, the presents would pile up and spill out from under the tree, taking over the living room. I had heard the phrase "giving is better than receiving," but thought that whoever had said that must have been out of their mind. Getting presents was the whole point! It was the reason I couldn't get to sleep on Christmas Eve.

On Christmas morning, we eagerly waited in the hallway until Dad told us everything was ready. We rushed into the living room and let the wrapping paper fly. We made weak attempts to wait and watch while other family members opened their presents, but as the time passed we lost our self-control.

"Here's another one for you," said Mom as she handed me a package. I looked at it, confused. Having spent so much time examining the presents before Christmas, I recognized this one. But it had not been mine. It was my mom's. A new label had been put on it, with my name written in my mother's handwriting.

"Mom, I can't..."

I was stopped by my mother's eager, joyful look—a look I could not really understand. "Let's see what it is, honey. Hurry and open it."

It was a blow dryer. Though this may seem but a simple gift, to me it was so much more. Being an eleven-year-old girl, I was stunned. In my world, where receiving outweighed giving by light years, my mom's act of selflessness was incomprehensible. It was a huge act. Tears filled my eyes and I thought in disbelief about how much my mom must love me to give up her Christmas so I could have a few more presents.

I have always remembered that Christmas fondly. It had such an impact on me. As an adult with children in my life whom I adore, I can now understand my mom's actions. I see how she was not "giving up her Christmas" as I had thought, but was finding an even greater joy in her Christmas because giving truly is better than receiving. My mom's simple act meant the world to me.

—Jennifer Yardley Barney

<https://www.rd.com/true-stories/inspiring/christmas-stories-wonder-love/>

## **HJM 2018 Christmas Party**

### **List of Donors for Raffle and Door Prizes**

**Mirza Alata  
Jo Aquino  
Efren & Lorie Atienza  
Colin & Shonee Attwood  
Nards & Doris Barrios  
Ladybyrd Buan  
Marcial & Tet Cacdac  
Ed & Pam Danao  
Cheryl Dequina  
Nori & Merly Domingo  
Glen & Charmaine D'Silva  
Romy & Josie Durante  
Boy & Ghie Emperado  
Ike & Dolette Enriquez  
Cezar & Myra Estrera  
Rose Ferrer  
Gloria Ferrer-Gabriana  
Romy & Nenette Gapud  
Rod & Len Limuangco  
Freddie & Baby Lorenzo  
Soc & Serge Penafiel  
Edgar & Jeannie Reyes  
Ding Rivera  
Deacon Rudy & Agnes Rupac  
Annah Suarez  
Malou van Asten  
Eva Velez  
Tony & Marilyn Villa  
Oscar & Esther Viola**

**Thank  
You!**

## **The Immaculate Conception of the Blessed Virgin Mary**

**Saint of the Day for December 8**



### **The Story of the Immaculate Conception of Mary**

A feast called the Conception of Mary arose in the Eastern Church in the seventh century. It came to the West in the eighth century. In the 11th century it received its present name, the Immaculate Conception. In the 18th century it became a feast of the universal Church. It is now recognized as a solemnity.

In 1854, Pius IX solemnly proclaimed: “The most Blessed Virgin Mary, in the first instant of her conception, by a singular grace and privilege granted by almighty God, in view of the merits of Jesus Christ, the savior of the human race, was preserved free from all stain of original sin.”

It took a long time for this doctrine to develop. While many Fathers and Doctors of the Church considered Mary the greatest and holiest of the saints, they often had difficulty in seeing Mary as sinless—either at her conception or throughout her life. This is one of the Church teachings that arose more from the piety of the faithful than from the insights of brilliant theologians. Even such champions of Mary, as Bernard of Clairvaux and Thomas Aquinas, could not see theological justification for this teaching.

## **The Immaculate Conception of the Blessed Virgin Mary**

**Saint of the Day for December 8**

Two Franciscans, William of Ware and Blessed John Duns Scotus, helped develop the theology. They pointed out that Mary’s Immaculate Conception enhances Jesus’ redemptive work. Other members of the human race are cleansed from original sin after birth. In Mary, Jesus’ work was so powerful as to prevent original sin at the outset.

### **Reflection**

In Luke 1:28 the angel Gabriel, speaking on God’s behalf, addresses Mary as “full of grace” or “highly favored”. In that context, this phrase means that Mary is receiving all the special divine help necessary for the task ahead. However, the Church grows in understanding with the help of the Holy Spirit. The Spirit led the Church, especially non-theologians, to the insight that Mary had to be the most perfect work of God next to the Incarnation. Or rather, Mary’s intimate association with the Incarnation called for the special involvement of God in Mary’s whole life.

The logic of piety helped God’s people to believe that Mary was full of grace and free of sin from the first moment of her existence. Moreover, this great privilege of Mary is the highlight of all that God has done in Jesus. Rightly understood, the incomparable holiness of Mary shows forth the incomparable goodness of God.

<https://www.franciscanmedia.org/solemnity-of-the-immaculate-conception/>

**APOSTOLATE MINISTRY**  
**URGES HIM TO SEEK THE**  
**WORD OF THE LORD**



**Bible Cell:** **Blessed Trinity**  
**Facilitators:** Bro Rod and Sis Len Limguangco **Deputies:** Rudy/Agnes Rupac  
**Members:** Martha Aquino/Ladybyrd Buan, Eden De Leon, Fe Hernandez, Freddie/Baby Lorenzo  
**Message:** NIL  
**Action:** NIL  
**Next Meeting:** TBA

**Bible Cell:** **Our Lady of Fatima**  
**Facilitator:** Bro Romy and Sis Josie Durante **Deputy:** Cheryl Dequina  
**Members:** Mercy Aquino, Iodine Carreno, Romy/Nenette Gapud, Elmer/Anna Nifas, Dids/Henie Velasco  
**Message:** **Seek the kingdom of God and know the truth.**  
**Action:** **Share an experience when you sought God's kingdom and found truth.**  
**Next Meeting:** TBA

**Bible Cell:** **Our Lady of Perpetual Help**  
**Facilitators:** Bro Noel and Sis Jackie Tolentino **Deputy:** Gloria Ferrer-Gabriana  
**Members:** Pilarly Balgos, Valerian/Dora D'Lima, Rose Ferrer, Ding Rivera, Joe/Rita Vella  
**Message:** NIL  
**Action:** NIL  
**Next Meeting:** TBA

**Bible Cell:** **St. John Paul II**  
**Facilitators:** Bro Cezar and Sis Myra Estrera **Deputies:** Sam/Siony Singh  
**Members:** Col/Shonee Attwood, Mary Bonavita, James Daas, Lalaine Dunuan, Jun/Vita Hurtado  
**Message:** **God always answers our prayers.**  
**Action:** NIL  
**Next Meeting:** TBA

**Bible Cell:** **St Joseph**  
**Facilitators:** Bro David and Sis Mel Bustamante **Deputies:** Edgar/Jeanne Reyes  
**Members:** Lia Banzuelo, Leighton Farrell, Analisa Limguangco, Nenette Motio, Marilou van Asten  
**Message:** NIL  
**Action:** NIL  
**Next Meeting:** TBA

**Bible Cell:** **St. Padre Pio**  
**Facilitators:** Bro Tony and Sis Marilyn Villa **Deputies:** Nards/Doris Barrios  
**Members:** Danny/Linda Aguas, Mirza Alata, Boy/Ghie Emperado  
**Message:** NIL  
**Action:** NIL  
**Next Meeting:** TBA

**Bible Cell:** **St. Paul**  
**Facilitators:** Bro Marcial and Sis Tet Cacdac **Deputy:** Milabel Estrera  
**Members:** Soc Amos, Efren/Lorie Atienza, Ferdie Chin, Lucy Dewi, Merlie/Nori Domingo, Glen/Charmaine D'Silva, Erna Sow  
**Message:** NIL  
**Action:** NIL  
**Next Meeting:** TBA

## A Glimpse of This Month's Featured Saint



### ST JOHN THE APOSTLE

St. John the Apostle, the son of Zebedee and Salome, was one of the Twelve Apostles of Jesus. John was called to be an Apostle by our Lord in the first year of His public ministry. He is considered the same person as John the Evangelist, John of Patmos and the Beloved Disciple.

John and Peter were the only two apostles sent by Jesus to make preparations for the final Passover meal, the Last Supper. During the meal, St. John sat next to Jesus, leaning on him rather than lying along the couches.

John was the only one of the Twelve Apostles who did not forsake the Saviour in the hour of His Passion. He stood faithfully at the cross when the Saviour made him the guardian of His Mother.

John is known as the author of the Gospel of John and four other books in the New Testament - the three Epistles of John and the Book of Revelation. The authorship of the Gospel is credited to the "disciple whom Jesus loved," and John 21:24 claims the Gospel of John is based on the "Beloved Disciple's" testimony. However, the true authorship has been debated on since 200. In his Ecclesiastical History, Eusebius states the First Epistle of John and the Gospel of John are agreed upon as John's. Eusebius continues to state the second and third epistles of John are not John the Apostle's.

In the Gospel of John, the phrase "the disciple whom Jesus loved," or "the Beloved Disciple" is used five times, but is not used in any other New Testament accounts of Jesus.

St. John is the patron saint of love, loyalty, friendships, and authors. He is often depicted in art as the author of the Gospel with an eagle, symbolizing "the height he rose to in his gospel." In other icons, he is shown looking up into heaven and dictating his Gospel to his disciple.

St. John, Apostle and Evangelist's feast day is celebrated on December 27.

[https://www.catholic.org/saints/saint.php?saint\\_id=7515](https://www.catholic.org/saints/saint.php?saint_id=7515)

*Contributed by Anna Nifas*

## POPULAR BIBLE VERSES

### Philippians 4:13

I can do all this through him who gives me strength.

### Psalm 5:3

In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly.

### Psalm 62:8

Trust in him always; ye people, pour out your heart before him: God is a refuge for us

### 1 Peter 5:7

Cast all your anxiety on him because he cares for you

### John 13:7

Jesus answered him, "What I am doing you do not understand now, but afterward you will understand.

### Hebrews 11:6

And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him

### Luke 1:45

Blessed is she who has believed that the Lord would fulfil his promises to her

### Ephesians 2:10

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

### Proverbs 17:22

A joyful heart is good medicine, but a crushed spirit dries up the bones.

<https://www.ranker.com/list/best-catholic-bible-verses/ranker-bible>

*Contributed by Rose Ferrer*



*SMILE ... YOU'RE ON CANDID CAMERA*





## **BIBLE CELLS RE-GROUPING 2019-2020**

1. **BLESSED TRINITY BIBLE CELL  
BRO ROD & SIS LEN LIMGUANGCO**  
Sis Mirza Alata  
Bro Colin and Sis Shonee Attwood  
Sis Cheryl Dequina  
Sis Rose Ferrer  
Sis Gloria Ferrer-Gabriana
2. **OUR LADY OF FATIMA  
BRO ROMY & SIS JOSIE DURANTE**  
Sis Mila Alforque  
Sis Marta Aquino  
Sis Ladybyrd Aquino-Buan  
Bro Ike and Sis Dolette Enriquez  
Sis Fe Hernandez  
Bro Edgar and Sis Jeannie Reyes
3. **OUR LADY OF PERPETUAL HELP  
BRO NOEL & SIS JACKIE TOLENTINO**  
Sis Mercy Aquino  
Bro Boy and Sis Ghie Emperado  
Bro Freddie and Sis Baby Lorenzo  
Sis Virgie Salom  
Sis Eva Velez  
Bro Oscar and Sis Esther Viola
4. **SAINT JOHN PAUL II  
BRO CEZAR & SIS MYRA ESTRERA**  
Sis Linda Aguas  
Bro Efren and Sis Lorie Atienza  
Bro Val and Sis Dora D'Lima  
Bro Dids and Sis Henie Velasco
5. **SAINT MARY MACKILLOP  
BRO ROMY & SIS NENETTE GAPUD**  
Sis Soc Amos  
Bro Cris and Sis Annie Atienza  
Sis Lucy Dewi  
Bro Leighton and Sis Analisa Farrell  
Bro Ding Rivera
6. **SAINT PADRE PIO  
BRO SAM & SIS SIONY SINGH**  
Bro Nards and Sis Doris Barrios  
Sis Mary Bonavita  
Bro Fred and Sis Monica Desira  
Sis Filomena Petroni  
Sis Malou van Asten  
Bro Joe and Sis Rita Vella
7. **SAINT PAUL  
BRO JOSEPH & SIS TET CACDAC**  
Bro Glen and Sis Charmaine D'Silva  
Bro Jun and Sis Vita Hurtado  
Bro Elmer and Sis Anna Nifas  
Bro Tony and Sis Marilyn Villa  
<http://www.jokes4us.com>

## ***It's Joke Time!***



What's the difference between men and pigs?  
Pigs don't turn into men when they drink.

-----

Alcohol is a perfect solvent: It dissolves  
marriages, families and careers.

-----

The first computer dates back to Adam and Eve.  
It was an Apple with limited memory, just one  
byte. And then everything crashed.

-----

Women spend more time wondering what men  
are thinking than men spend thinking.

-----

To this day, the boy that used to bully me at  
school still takes my lunch money. On the plus  
side, he makes great Subway sandwiches.

-----

The dinner I was cooking for my family was going  
to be a surprise but the fire trucks ruined it.

-----

Plan ahead - It wasn't raining when Noah built the  
ark

-----

To be happy with a man, you must understand  
him a lot and love him a little. To be happy with a  
woman, you must love her a lot and not try to  
understand her at all.

-----

I just asked my husband if he remembers what  
today is... Scaring men is easy.

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<http://www.jokes4us.com>  
~~<http://www.jokes4us.com>~~

*Contributed by Elmer Nifas*

## SECRETARIAT (SERVICE MINISTRY) PRESENTS OUR BIRTHDAY AND WEDDING ANNIVERSARY CELEBRANTS

Best wishes to the following couples who celebrate  
their wedding anniversaries in December 2018/January 2019:

Anniversaries Dec	
Gus and Rose Ferrer	2-Dec
Nards and Doris Barrios	4-Dec
Romy and Josie Durante	14-Dec
Freddie and Baby Lorenzo	18-Dec
Remy and Mercy Aquino	21-Dec
Gerry and Rowena Babilonia	24-Dec
Noel and Jackie Tolentino	27-Dec
Delfin and Fe Hernandez	27-Dec

Anniversaries Jan	
Cezar and Myra Estrera	7-Jan
Ryan and Christine Barbadillo	8-Jan
David and Mel Bustamante	17-Jan
Frank and Lita Basco	30-Jan



Many happy returns to the following brothers and sisters  
who celebrate their birthdays in December 2018/January 2019:

Birthdays Dec			
Martha Aquino	2-Dec	Nenette Gapud	11-Dec
Christine Barbadillo	4-Dec	Ed Sayo	18-Dec
Siony Singh	8-Dec	Merlie Domingo	23-Dec
Marilou Van Asten	9-Dec	Ladybyrd Buan	24-Dec
Freddie Lorenzo	9-Dec		

Birthdays Jan			
Myra Estrera	3-Jan	Maricor Espinosa	12-Jan
Valerian D'Lima	4-Jan	Ghing Gamban	13-Jan
Mercy Aquino	4-Jan	Anna Nifas	16-Jan
Emma Perez	8-Jan	Ed Danao	21-Jan
Myrna Hitchcock	9-Jan	Adel Ramos	29-Jan
James Dass	10-Jan	Erna Sow	29-Jan
Nene Sayo	11-Jan		

**Prayers and Intercessory Ministry requests  
prayers for the following HEARTS:**

### AILING HEARTS:

Linda **AGUAS**  
Mercy **AQUINO**  
Doris/Nards **BARRIOS**  
Solomon **CASSAR**  
Digna V. **CLARK**  
Rose **FERNANDES**  
Lucy **FERNANDO**  
Nicole **GAN-BARDIZ / ELI**  
Boy **GATCHALIAN**  
Julie **GATT**  
Mariles **HOLLERO**  
Lorraine **MCHUGH**  
Danilo **JIMENEZ, Sr.**

Mary Ann **MANALILI**  
Armando **NIFAS**  
Belen **ORTIZ**  
Boy **RAMIREZ**  
Ann **RAMOS**  
Ernesto **SAYO**  
Eva **VELEZ**  
Romualdo **VERDAN**  
Maury **VILLANUEVA**  
Maribel **WASLOWICZ**  
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